

SUGGESTED KIT LIST - MONARCH BUTTERFLY TOUR

- ☆ Sturdy hiking shoes with ankle support
- ♣ Change of shoes & socks for evening
- ☆ Collapsible hiking poles
- 母 Brimmed hat or cap with visor

- ₱ Journal & pen
- ♣ Compact binoculars
- ☆ Rain poncho
- [†] Umbrella
- → Sunscreen
- ₱ Bug repellant
- ♣ Coffee mug or personal thermos
- ☆ Hand-wash laundry soap or strips
- → Sunglasses
- ☆ Any medications you need

We do carry a basic First Aid Kit and will have Pepto Bismol & Tylenol. Please let us know if there is anything else you'd like to see added to this list.

CLOTHING IN THE RESERVES

As the reserves are seated at an altitude of approximately 11,000 feet above sea level, sunny days can be very chilly if there is a breeze. We recommend layers, so you can adjust to the climate.

OTHER NOTES

As the reserves are at such a high altitude, the risk of getting sunburned is amplified. Please take care to bring a hat, wear sunscreen and sunglasses.

PHONE TIPS FOR THE MONARCH RESERVE AND ART DEMO'S

Monarchs move at an incredible fluttering speed, so film them using the Slo-Mo feature on your smartphone.

Artists, on the other hand, create masterpieces over time, so during art demo's, flip your smartphone camera onto the Time-Lapse feature to film a lengthy demo in a short period of time.

Aren't tech-savvy? Just ask us for help!